

What to Bring

Teachers	Students
Map to the site	Pencil
First Aid Kit	Proper footwear (no sandals or fabric shoes)
Class list	Jacket, sweatshirt, pants and rain gear
Extra pencils and sharpeners	Hat, gloves, mitts, extra socks
Student medical forms and necessary medication	Packed lunch, snack and water
Inside Education contact information	Sunscreen and/or personal medications required
Ensure students are prepared (food, water, clothing, gear etc)	Excitement for a day in the woods!

2.0 SITE DIRECTIONS

2.1 Site Description

The Jumpingpound Demonstration Forest is located ~50 km west of Calgary and is part of the multi-use recreational area in Kananaskis. There is a fully enclosed shelter with a wood stove, a picnic area, and outhouses to be used if/when necessary.

Please note: There is no potable water on site.

2.2 Directions

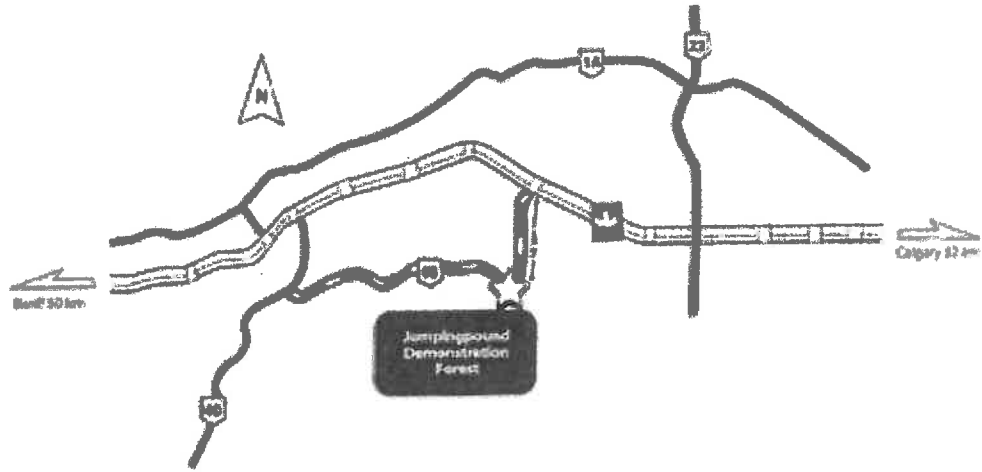
To reach the Jumpingpound Demonstration Forest:

Follow Highway #1 west of Calgary for 32 km to Exit 143, which is the exit for Highway #68 (sign: Sibbald Flats, Kananaskis Country). Travel south on Hwy #68 for ~18 km.

Important: Do NOT turn at the Jumpingpound Road exit on Hwy #1. Turn off at Exit 143 onto Hwy #68.

**Inside Education staff will meet buses
at the shelter area within the south loop
(please see map in section 5.0 of the guide)**

MAPS



We will meet the bus at the south loop shelter of the Jumpingpound Demonstration Forest. Please keep an eye out for a gravel turn-off before/after the Spruce Woods day use area to locate the shelter area.

